

2023

Annual Report

Opportunity Changes Everything

what ____

after school equality & inclusion Sports orts 🗸 music dance photography digital literacy financial literacy

outdoor adventures swimming social programs



friendship youth leadership youth engagement



Volunteering education & support

mental health & wellness

healthy snacks & meals healthy by fitness programs seniors' social programs Senior **Events and** Luncheons

my action plan to education



Mentoring Scholarships While we returned to most of our regular programming this past year, it was clear that COVID-19 had a significant impact. Most concerning are the mental health issues reported by many members of our BGC London community. Young people were affected by distance learning and the inability to participate in sports and recreation activities. Children and youth's social circles were interrupted. Older adults were also impacted by isolation.

Returning to a sense of normalcy was extremely important. The Club resumed regular programming as soon as possible. The great work that we do makes a difference.

To help offset the impact of distance learning, our education program, M.A.P., worked with students from grades 4-12 to ensure that students would get the much-needed support they would need upon returning after distance learning. This year, 13 students graduated from high school with 13 moving on to post-secondary. Skilled4Success had 136 participants.

Families and children needed our programs during school and when school was out. At a time when we were needed most, our day camps brought a sense of routine to children, allowing them to interact with peers and have fun. After-school programs gave children and youth the opportunity to participate in recreation programs. A healthy meal was ready each night after-school through BGC London's Supper Club. At BGC London, we pride ourselves on inclusion and social programs that help young people feel a sense of belonging.

The Digital Creative Arts Centre (D.C.A.C.) partnered with local high schools to offer young people the chance to gain skills in the digital and creative arts. The DCAC also travels across our community, participating in events that share music as inspiration and fun. Camps and classes were open for young people and seniors to create, learn and enjoy music and the creative arts.

Next Level Sports offers an affordable way for young people to take part in developing the skill set they need to participate in sports by becoming well-rounded athletes.

Our pools are used by all age groups and by community partners, with our aquatic programs helping people be active and acquire essential life skills.

E

As much as anyone, COVID had an impact on older adults. The Horton Street Seniors' Centre (H.S.S.C.) returned to offering recreation, social and wellness programs. Our members and community members were connected to the H.S.S.C. through our transportation program, which also provided doorto-door service to our day program partners.

BGC London is successful because of the tremendous outpouring of support we receive from individuals, funders, corporations, foundations and volunteers. Thank you to the Boys and Girls Club of London Foundation for the capital purchases and improvements, along with a grant of \$783,399 for Club programs.

We also wouldn't be who we are without our tremendous staff. It takes a caring staff to deliver such important programs to our community while helping people overcome barriers and build confidence and skills for life. You are a first-class team who are there for our members and constantly providing innovative programs.

Our Board of Directors has been instrumental in offering important leadership and strategic direction through COVID and afterwards. You are instrumental in our success. Thank you for your time and talent.

Together, we remain an integral part of London.



Todd Morris Club Board President



Chris Harvey CEO



making opportunites

^{our} mission

To provide safe, supportive places where children, youth, and seniors can experience new opportunities, overcome barriers, build positive relationships, and develop confidence and skills for life.

our vision

All members of the community discover and achieve their dreams to be healthy, successful, and active participants in society. <image>

"MY SON ENJOYS THE CLUB, INSTRUCTORS ARE GOOD ROLE MODELS FOR THE KIDS, THE \$2 DINNERS, HOW CONVENIENT IT IS, LOTS OF ACTIVITIES TO CHOOSE FROM. IT'S BEEN GOOD FOR HIS SOCIAL SKILLS, FITNESS, INDEPENDENCE, AND PHYSICAL/MENTAL GROWTH."

^{Our} Values

In our work with children, youth, families, seniors and the community, BGC London is guided by the following Core Values. They are the standards by which BGC London's services are measured. "THANK YOU SO MUCH, MY DAUGHTER WAS SHY AND SCARED HER FIRST DAY AND CRIED DURING PROGRAM, BUT NOW SHE RUNS FROM THE CAR AND CAN'T WAIT TO BE AT THE CLUB!"



We welcome everyone in a safe, accepting environment based on belonging and positive relationships.

Encouragement & Support

We encourage and support each individual to play, learn, and grow to achieve their dreams.

Respect

We ensure that everyone – children, youth, families, seniors, volunteers, staff – is heard, valued and treated fairly.

Working Together

We work together with young people, families, seniors, volunteers, partners, and the government to better our community.

Speaking Out

We speak out for children, youth, families, and seniors so that we can make our world better.

children & youth

BGC London is a great place for children and youth to learn and play in a safe environment. With a variety of educational programs, kids of all ages can learn with us, grow with us, and play with us.



day camp spaces filled (In-Person)



inclusion campers in days camps



participants in Evening Adventure Inclusion program

> "THE STAFF ARE VERY UNDERSTANDING ESPECIALLY WHEN YOU ARE HAVING A BAD DAY. IT IS A GOOD PLACE TO BE!"

learn with us

Educational programs help children and youth overcome academic challenges and excel in the classroom and beyond. My Action Plan to Education (M.A.P.) is developed to meet the needs of individual youth. It involves the commitment of the youth, their parents as well as other partners who will help provide the youth with the best possible opportunities for success.

grow with us

Young people get involved in programs and activities that help them learn about themselves, gain confidence, and learn practical life skills. Our programs provide a safe space for participants to be themselves free of judgment.

play with us

Whether you're expressing your creativity in arts and crafts or learning to play a sport with peers, we offer fun and diverse activities to build confidence and encourage a healthy, active lifestyle.

"THE CHILDREN WERE SO HAPPY TO PLAY IN THE GYM AND THE PLAYGROUND AT THE CLUB. THEY ARE SO EXCITED TO RETURN. THEY HAVE BEEN TALKING ABOUT IT ALL WEEK!"



unique participants in virtual programs attended



times

211

children in



families supported by BGCL's Toys for Tots program

"THIS IS SO COOL. I'VE NEVER BEEN TO A DANCE BEFORE."

A YOUNG BOY NAMED QUINTEN CAME TO THE BGC FOR THE FIRST TIME, AND WHEN HE GOT OFF THE BUS, HE SPRINTED TO HIS MOTHER, YELLING, "THIS WAS THE GREATEST DAY OF MY LIFE, MOM. CAN I GO AGAIN?" AND GAVE HER A HUGE HUG.



snacks provided in day camp

supper club meals

"I LIKE BEING ABLE TO SIT WITH MY FRIENDS WHILE EATING SUPPER CLUB."

> "I LIKE THE AFTER SCHOOL Program, I always have Fun at program"

2,693

members and active participants in London and rural communities

136

skilled4success participants

make an **action plan**

My Action Plan (M.A.P.) to Education program offers educational support to children and youth from grade 4 through Post-Secondary.

203

M.A.P. program participants (grades 4 to 12) "MY FAMILY AND I MOVED TO ILDERTON IN THE FALL AND WEREN'T SURE HOW MUCH WE WOULD BE ABLE TO PARTICIPATE IN RECREATION IN OUR NEW HOMETOWN.

MY DAUGHTER JUST FINISHED THE WEEKLY GYMNASTICS SESSION AT THE ARENA ON MONDAY NIGHTS AND ABSOLUTELY LOVED IT! SHE HAS NEVER BEEN MORE ENTHUSIASTIC ABOUT ANY REGISTERED ACTIVITY, EVER. SHE NOW TUMBLES OUT OF BED, CARTWHEELS ACROSS THE LAWN, AND ATTEMPTS TO DO HANDSTANDS AT EVERY OPPORTUNITY."

13

graduating grade 12 M.A.P. students



digital creative arts centre program participants



DCAC programs offered

\$25,000+

of graphic design and audio support provided to the Club and community

"THANK YOU DCAC TEAM FOR VIDEOTAPING OUR SCHOOL MUSICAL. THE GROUP WAS GREAT AND THE FINAL VIDEO WAS BETTER THAN EXPECT." "NOT ONLY DID I GET TO CREATE SO MANY DIFFERENT PROJECTS, AND LEARN NEW THINGS THAT WILL HELP ME TO SUCCEED BUT I'VE GAINED MORE FRIENDS, MORE SUPPORT AND I'VE DEFINITELY GAINED SO MANY FUN EXPERIENCES."



A YOUNG CLUB MEMBER TOLD STAFF HOW HE LOVES THE CLUB SO MUCH THAT WHEN HE GETS OLDER, HE WANTS TO BUILD HIS OWN AND HIRE THE BUS STAFF TO RUN IT, AS THEY ARE THE "BESTEST" STAFF.



children/youth transit rides

5,494 volunteer hours to children and youth programs

"I APPLIED FOR AN INTERNAL POSITION WITH MY CURRENT EMPLOYER AND WAS SUCCESSFUL! THROUGH VOLUNTEERING WITH BGC LONDON IN THE CHILDREN AND YOUTH PROGRAMS, I GAINED SOCIAL/LIFE SKILLS, AND SELF-CONFIDENCE. THANK YOU TO THE STAFF FOR BEING A GREAT MENTOR AND HELPING ME LEARN THE SKILLS NECESSARY TO SUCCEED AND OVERALL, BECOME A BETTER PERSON!"

horton street seniors' centre

The H.S.S.C operates programs during the day Monday to Friday, and provide an opportunity for adults age 55 and over to participate in affordable recreation and wellness programs. The Centre's extended family has grown to include hundreds of members. We offer aquatics programs, fitness programs, many recreational activities, and special events.

^{our} mission

We are an affordable, safe and supportive family facility where children, youth, adults and seniors can experience new opportunities, overcome barriers, build positive relationships and develop confidence, leadership and skills for life.



"I LOVE THE HSSC BECAUSE I MEET UP WITH FRIENDS AND ENGAGE IN CRAFTS AND EXERCISE. PEOPLE HERE SHOW RESPECT AND LOVE, AND I HAVE MADE GOOD FRIENDS. I ALWAYS TELL PEOPLE BECAUSE IT'S A FUN PLACE, YOU ENGAGE IN GOOD CONVERSATIONS, AND EVERYONE IS FRIENDLY."

^{our} vision

All members of the community discover and achieve their dreams to be healthy, successful and active participants in society.

Our Values

SOME OF OUR CORE PRINCIPLES AT THE HORTON STREET SENIORS' CENTRE INCLUDE:

We welcome all seniors in a safe, accepting environment, based on diversity, belonging and positive relationships.

We agree that all seniors should be valued, treated fairly, and encouraged to embrace a positive view of aging.

We work together with seniors, volunteers, partners, our community, and the Government to promote a positive mindset around active aging.

Older adults have the right to make choices.

We advocate on behalf of our Members to age with dignity, by being an organization that fosters learning, wellness, physical activity, and social connections.

Our Centre maintains a good reputation and is a well-respected community agency. Our program plays a vital role in contributing to the overall well-being of senior citizens.



"THE HSSC IS IMPORTANT TO ME BECAUSE MY HUSBAND PASSED AWAY AND I NEED TO GO OUT AND BE WITH PEOPLE. I HAVE MET PEOPLE, AND I FEEL VERY WELCOMED HERE."



2,662 seated fitness program

26,306

transit rides to programs & member rides

18,341 aquatic program visits





"THE HORTON STREET SENIORS' CENTRE IS IMPORTANT TO ME BECAUSE IT BUILDS FRIENDSHIPS, KEEPS ME FROM BEING ISOLATED, AND KEEPS MY MIND ACTIVE. I MET MY BOYFRIEND HERE AND IT HAS BEEN GOING STRONG FOR 6 YEARS. I ALWAYS RECOMMEND THE HSSC TO OTHER PEOPLE BECAUSE THERE IS SOMETHING FOR EVERYONE HERE."





curbside meals sold



in-person luncheon meals sold

911

social program visits (over the phone and in person)

6,670 volunteers or volunteer hours

2.919

fitness/specialty classes (get fit, yoga, tai chi, zumba, dancing)



virtual fitness videos views (get fit, seated exercises and yoga)

financial highlights

As at March 31, 2023 and for the year then ended

Summarized Statement of Financial Position	2023 \$	2022 \$
Assets	074.060	
Current assets	974,062	<u> </u>
Liabilities and Net Assets Current liabilities Deficit	1,007,477 (33,415)	864,092 (18,766)
	974,062	845,326
Summarized Statement of Revenues and Expenses		
Revenues Grants Programs	3,220,376 735,216	3,417,884 338,766
Fees for service	282,209	134,291
Operating grant from Boys' & Girls' Club of London Foundation	783,399	234,431
Other revenue Transportation revenue	109,048 1,624	74,418 4,317
Donations	17,779	27,465
	5,149,651	4,231,572
Expenses		
Salaries, wages and benefits	3,080,763	2,537,825
Office and administration	446,024	302,257
Transportation	423,365	326,199
Programs Office space rental	818,081 208,572	630,382 201,072
Specified donation	177,761	231,886
Professional Fees	28,500	20,717
	5,183,066	4,250,338
Deficiency of revenues over expenses for the year	(33,415)	(18,766)

Basis of Summary Financial Statement

The accompanying financial highlights have been prepared in accordance with Canadian accounting standard for not-for-profit organizations, with the exception of the exclusion of the statement of financial net assets, statement of cash flows and related notes to the financial statements. The complete set of the financial statement with an audit dated July 7, 2023 can be obtained from the finance office at BGC London.

board members **2022/2023**

Executive Committee

Todd Morris - President Kirsten Krose - Vice President Tyler Bulmer - Treasurer

Directors

Aleix Adgira Ban Abood Maj. (Ret'd) R. Bruce Stock, CD Chad Lovell Charlene Humble Jennifer MacLean Robert Hill - Past President Shawn Turner Val Waines Foundation Representative Paul McQueen

Youth Representative Assigned each month

Retired Directors Ali Chahbar

Ex Officio Chris Harvey "THANK YOU BGCL. YOU ARE MORE THAN AN AFTER-SCHOOL PROGRAM, YOU ARE THE ONLY THERAPY WE HAVE ON L.'S SCHEDULE YIELDING MEANINGFUL RESULTS ACADEMICALLY AND SOCIALLY."

total invested in programs 2022/2023

total \$ 5,183,066

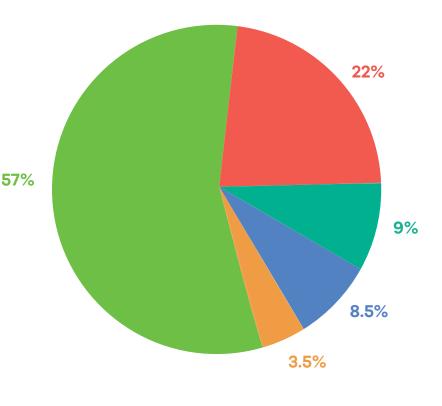
\$ 2,947,960 children and youth

\$ 1,157,541 seniors' transit

\$453,990

\$ 416,737 administration

\$ 206,838 small business



annual report

We sincerely appreciate and acknowledge our many donors who generously contributed to BGC London and the Boys and Girls Club of London Foundation between April 1, 2021 and March 31, 2023. Your donations and project funding are important investments in the physical, emotional, and social development of young people and aging adults in our community.

\$10,000+

CLV Group The Edith and Donald Strupat Foundation

\$5,000 TO \$9,999

Brian and Heather Semkowski Family Foundation Canada's Walk of Fame CIBC Children's Foundation Dr. Robert and Joan Boyce Kiwanis Club of Middlesex (London) Inc. Monique Janssen Ontario Realtors Care Foundation

\$2,500 TO \$4,999

Charities Aid Foundation of Canada (Cybergrants) Finch Auto Group - Mercedes-Benz London Lerners LLP London Knights Alumni Foundation

\$1,000 TO \$2,499

ANAF Ladies Auxiliary Unit 393 Arthur Ingrey Bill and Cecilia Davies BlueCaribou Chartered Accountants CIBC Wood Gundy Deborah Reitzel-Jaffe Denny Maloney

Douglas and Catherine MacLean **Elgin-Middlesex Detention** Centre **Elizabeth Caucutt and Lance** Lochner **Fidelity Investments Canada** ULC Forest City Road Races Gerald C. Baines Foundation Hayman Construction Inc. Helen Morrin Hudson Entry & Automation Inc **Huron University College** Joan Grant John Matte John Porter London Hunt and Country Club London Pacers Runnina Club London Police Association Charity

Max Wu

Medtronic Your Cause, LLC National Bank of Canada Old Oak Properties Inc. Petronella Liberatore Desando Pro Electric Inc. RiverBend Bottle Collection Committee Robert and Alexandra Kayser Robert and Debra Bailey The Altamira Foundation The Law Firm of Siskinds LLP The Law Society Foundation Tim Horton's Group of Owners Unity Technologies University Students' Council



\$500 TO \$999

1142060 Ontario Limited Adam and Monique Newman Alex Glover Allan Gray **Bruce Kennedy Buffalo Wild Wings Denise Adam** DM Repairs & Towing Ltd. Donnybrook Branch 513 Royal **Canadian** Legion **Execulink Telecom** Friendship Committee Seniors Musical Gary and Brenda Wakabayashi Gary and Mary Margaret Koreen Great Lakes Copper Ltd. Highbury North Pet Hospital **Professional Corporation** Ivey School of Business, Section 4 students J. Brad Hunter **Jiaming Song** Lorrie Por Mackenzie Young Matthew and Jennifer Parr **Michele Koyle** Moira Burke Norma Stokes Pam Ireland R. Joanne Beckett **Rvan Ward**



IN-KIND

The following donours generously gave goods and services to support young people, their families, and seniors in our community.

Christopher and Tara Gover DAGI

Dillon Consulting Ltd., ECCO Fund Elgin-Middlesex Detention Centre Lawrence Kinlin School of

Business - Fanshawe College Orion Executive Search Group Inc. PetSmart SafeLunch Canada Skyline Elevators Inc. WestJet Cares for Kids

And...all of the generous donors and yarn artists for supporting to Koats for Kids. "I RECENTLY ATTENDED THE MUSIC FOR MEALS EVENT. IT REMINDED ME OF THE GREAT WORK THAT THE CLUB DOES IN OUR COMMUNITY."

"BEING A MEMBER, I HAD SO MUCH HELP REGARDING GENERAL TUTORING SESSIONS, DIFFERENT SCHOLARSHIP OPPORTUNITIES AND GOOD COLLEGES TO LOOK INTO. I ALSO APPRECIATED THE SKILL CLASSES WHERE I LEARNED HOW TO COOK, LEARNED AMERICAN SIGN LANGUAGE, HOW TO TAKE AMAZING PICTURES, HOW TO WRITE SCHOLARSHIP APPLICATIONS, HOW TO PLAY THE DRUMS THROUGH THE D.C.A.C. (DIGITAL CREATIVE ARTS CENTRE), TOOK A DRIVER'S COURSE AND LEARNED FIRST AID AND C.P.R.

I HAD ENDLESS OPPORTUNITIES, MADE NEW FRIENDS, EXPANDED MY NETWORK AND, MOST OF ALL, HAD AN AMAZING EXPERIENCE. I HAVE BEEN THROUGH SO MUCH WITH THEM. I AM GRATEFUL FOR EVERYTHING THEY HAVE DONE. I WOULDN'T BE WHERE I AM NOW WITHOUT THEIR HELPING HAND!"







thank you to

OUT SPONSOTS for their support that enhanced our programs and made

extraordinary moments possible.

















Voices.com





SISKINDS

The law firm



SOUTHSIDE

GROUP







www.bgclondon.ca



London

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